

The West Coast Wilderness Cycle Trail

Ladies Only Ebike Tour



**Witness the wild
wonders of the West
Coast**

4 Days, 3 Nights

Mild Grade



Tour Cost (NZD)

2026 / 2027

Tour Cost: \$3135

Single Supplement: \$540

Tour Highlights

- Rich gold rush heritage
- Lush rainforest and ancient rimu forests
- The crystal blue waters of Hokitika Gorge
- West Coast Treetops walkway adventure
- Home to prized greenstone (pounamu)



Tuatara Tours NZ Ltd, PO Box 13544, Christchurch 8141, New Zealand



www.tuataratours.co.nz



info@tuataratours.co.nz

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The Tour at a Glance

Four days of unforgettable rides await! Explore bustling towns, charming mining villages, towering alpine peaks, wild coastlines, lush native bush, rolling farmland, shimmering lakes, wetlands, rivers, and iconic bridges.

Plus, you'll be following in the footsteps of gold miners and Māori explorers, adventure and stories around every turn!

Trip Grading: Mild

Ideal for anyone comfortable biking 20-25km per day on well-formed trails with average incline.

Day-by-Day Itinerary

Day 1 Greymouth to Kumara **31km**

Day 2 Kumara to Milltown **37km**

Day 3 Milltown to Hokitika **33km**

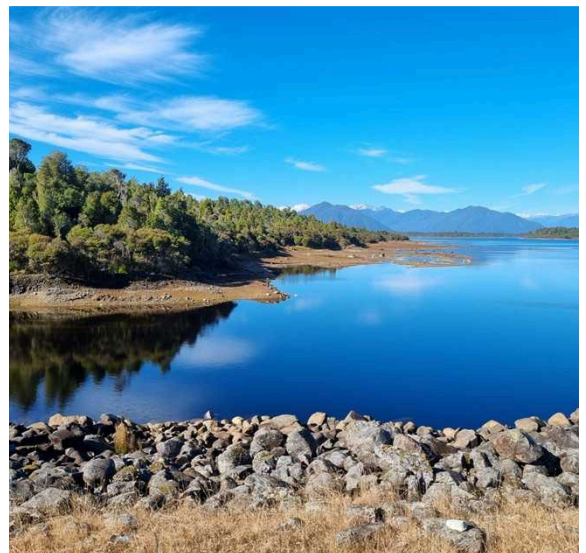
Day 4 Hokitika to Ross **33km**


22 March 2026 is a Ladies only tour, with E Bike hire included in the tour cost.

About your guide


Our guides are very experienced, friendly walkers and bikers who love to share their knowledge of New Zealand's flora and fauna and local history.

They all hold current first aid certificates, passenger driving licences and are the very best people to ensure your experience will be one to remember.



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Day 1 Greymouth to Kumara (31km)

Kick off from Christchurch between 8:30am and 9:00am with a stunning coach ride over Arthurs Pass to Greymouth.

Once a bustling mining hub, Greymouth now thrills with wild rivers, native bush, and rugged coastline.

Jump on your bike for a 12km coastal cruise with jaw-dropping Tasman Sea views, then pedal south to Taramakau. Next, head inland to Kumara along a historic tramway and settle in for the night at a charming, heritage-filled hotel.
MEALS INCLUDED: L D

Day 2 Kumara to Milltown (37km)

This morning, cycle through lush rainforest as you head toward Milltown on the West Coast Wilderness Cycle Trail.

This scenic route is becoming one of New Zealand's favorites, passing through some of the best native forests and rich local history.

Milltown overlooks the Arahura Valley, known for its gold rush past and prized pounamu (greenstone).

Tonight, stay in Hokitika, a charming seaside town famous for its greenstone carving and skilled artisans.
MEALS INCLUDED: B L D

Day 3 Milltown to Hokitika (33km)

Start your day at the Arahura River, winding its way from the Southern Alps to the Tasman Sea just north of Hokitika. Cycle past sparkling waterways, rich dairy farmland, and the stunning Lake Kaniere - often called one of New Zealand's most beautiful lakes - surrounded by towering ancient rimu trees and lush native bush.

Arrive in Hokitika by early afternoon, where, weather permitting, you can take an optional trip to explore the breathtaking Hokitika Gorge with its vibrant turquoise waters and dramatic cliffs.

Spend your second night relaxing in vibrant Hokitika, a charming town known for its friendly vibe and greenstone carving heritage.
MEALS INCLUDED: B L D

Day 4 Hokitika to Ross (33km)

Your day begins with an easy coastal ride, followed by a journey along the bush tramway past scenic Lake Mahinapua. Enjoy the classic West Coast mix of native bush and wetlands as you pedal along.

Next, stop at the West Coast Treetops walkway and café, where you can stroll among the treetops and take in a bird's-eye view of the forest below.

The final stretch follows an old railway line, crossing several charming wooden bridges and showcasing wild West Coast coastal scenery before arriving in Ross—a town steeped in gold mining, farming, and forestry history.

From Ross, you'll be comfortably transported back to Christchurch, arriving between 5 and 6pm.
MEALS INCLUDED: B L



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What's Included



All Accommodation in comfortable hotel, motel or lodges



All meals during the tour—great local cuisine



Support vehicle and all transfers



Entrance fees to listed activities



DOC concession fees



Fully qualified, knowledgeable guide



Tour Kit Bag with helpful goodies



Please Note:

Rooms are double or twin, either one queen bed or two separate beds. If you have a preference for a twin room please let us know when you make your booking. Solo travellers can choose to share or pay a single supplement for a private room

Dietary needs? We're happy to cater for gluten free, dairy free and vegetarian diets—just let us know at time of booking.

Your Ebike:

The tour cost includes our F18 Step-through model Ebike. If you prefer a standard (non-e) type bike, please let us know when you make your booking. You are welcome to bring your own bike if you wish.

What's Not Included

Alcoholic beverages with meals – these are available for purchase.

Pre- and post-tour accommodation



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Your travel check list:


The following is a list of recommended items. Please also use your own experience to supplement this list. **If you're bringing your own bike**, don't forget essential spares such as tyres and tubes, as well as your e-bike charger—ours may not be compatible. If you're unsure about anything, feel free to contact us.




	Waterproof rain jacket with hood
	Comfortable cycling shoes (with grip)
	Thermals (top and bottom)
	Warm jumper or jacket (fleece / wool) mid layer
	Gloves, warm hat
	Cycle shorts
	Drink bottle (we provide one , you might like to bring a second)
	Daypack /bag (this holds items you need for the day on the bus while you are biking)
	Camera/ phone and charger/ torch or head torch
	Sun hat , sun glasses sun block,
	Swimsuit and small towel
	One set of casual wear for the evening, including casual shoes or sandals
	Personal toiletries and essential medications, a small personal first aid kit
✓	Bringing your own bike? don't forget your E bike charger and spares (tyres/tubes)



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Frequently asked questions:

How do I book a tour?

A deposit of \$300 per person confirms your place and can be paid via credit card (Visa or Mastercard, no surcharge) through our website: <https://www.tuataratours.co.nz/make-a-payment/>, or by bank transfer to Tuatara Tours NZ Ltd: 01 0797 0308837 00.

When is the balance due?

The final balance is due 90 days prior to departure. A reminder will be sent via email. You're welcome to pay in instalments, as long as the full amount is received by the due date.

What if I need to cancel?

Our cancellation policy for the Ladies only -West Coast Wilderness Cycle Trail Tour is:

- 91+ days before departure – no fee
- 90–60 days – \$300 per person
- 59–30 days – 30% of total cost
- 29–0 days – 100% of total cost
- After departure – no refund available

We strongly recommend purchasing travel insurance in case of unforeseen events.

How big are the groups?

Our tours typically accommodate up to 12 people, though we can cater to larger groups on request.

Do I have to bike as part of a group?

You're free to ride at your own pace. We regroup periodically for coffee breaks, meals, and scenic stops so your guide can check in and assist if needed.

Do I have to share a room?

Tours are priced on a twin-share basis (two people per room). Let us know if you prefer a queen bed or two singles. Solo travellers will be paired with another solo of the same gender, or you can opt to pay a single supplement for your own room.

Am I fit enough?

The Ladies only-West Coast Wilderness Cycle Trail is graded Mild and suits those with average fitness. Expect to ride on well-formed tracks and roads for 20–25 km at a time. There is some low level mountain biking on this trail and a couple of hill climbs. If you're unsure about your fitness level, feel free to contact us for advice.

How much luggage can I bring?

Space is limited, so we ask that you bring one small day pack and one overnight bag or suitcase (maximum 20kg).

When is the best time to do the tour?

Tours run November through to April, with February and March the most popular (and busiest) months on the trail. Weatherwise, the West Coast can be dramatic and unpredictable — sunshine, showers, sometimes both in a day! The right gear is important—please refer to our packing list for details of what to bring.

What time do we return to Christchurch? It depends on the group and the speed of cycling but can be anywhere from 5–8 pm on the last day. We recommend staying in Christchurch that night to avoid any stress trying to get to flights or onward travel.

Can I fly in/out the same day?

We suggest arriving the day before and flying out the day after — just in case of any delays.



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Frequently asked questions:

Can you pick me up for the tour?

We offer pick-ups and drop-offs from selected locations in Christchurch. Unfortunately, we cannot collect guests from Airbnb properties or private homes in residential suburbs. If you have your own vehicle, we recommend using long-stay parking at Christchurch Airport or arranging storage with a local motel.

Is breakfast included on the first day?

Please have breakfast before your pick-up on the first day, as the tour begins immediately afterward. From then on, all meals are included as per your itinerary.

What kind of meals are provided?

You'll enjoy continental breakfasts, hearty packed lunches, and evening meals at your accommodation or a local restaurant. We can cater to vegetarian, gluten-free, and dairy-free diets—just let us know at the time of booking.

Is alcohol included? Alcohol is not provided. However, you can purchase drinks with your evening meals or bring a small amount for personal consumption at the accommodation.

Do I need to arrive ready to bike?

Please arrive dressed to ride (or with your biking gear in your day pack ready to change into in Greymouth) and pack your overnight gear separately. There's a 3-hour drive from Christchurch before we start biking, and you won't have access to your overnight bag during the day. Keep essentials in your day pack, which can stay on the bus while you ride. Please limit luggage to one day pack and one overnight bag or small suitcase per person.

Can I bring my own bike?

Absolutely. Please ensure your bike has been recently serviced and is suitable for trail riding. If you're bringing an e-bike, don't forget your charger.

What's included with the Ebike hire?

Our Hybrid F18 Step Through Ebike is included in the tour cost and comes equipped with a memory foam saddle, a rack bag for essentials, a helmet, and a hi-vis vest—which must be worn while riding. If you would like to upgrade to a one of our high performance bikes for an additional cost, just let us know.

What's in the tour kit bag?

Each rider receives a tour kit bag with some goodies for the tour. We like to keep the contents a surprise but it will include a 500ml thermal drink bottle and a thermal cup—perfect for hot drinks along the trail.

Are there road sections on the ride?

Most of the trail follows dedicated off-road cycle paths or quiet back country roads. We don't bike on the highway. We provide high-vis vests and recommend avoiding school holidays if you prefer quieter conditions.


Are the tours guided?


Our tours are supported by a driver-guide and vehicle. The guide provides trail advice, first aid, and assistance with bike issues. They may cycle parts of the trail to point out key features but do not guide the entire route. You're welcome to ride in the support vehicle at any time if you need a break.


Can I join from Greymouth?

Yes! You can meet us in Greymouth on Day 1 and we'll drop you back there at the end. Or travel with us from Christchurch and take the Tranz Alpine train home (train fare not included).



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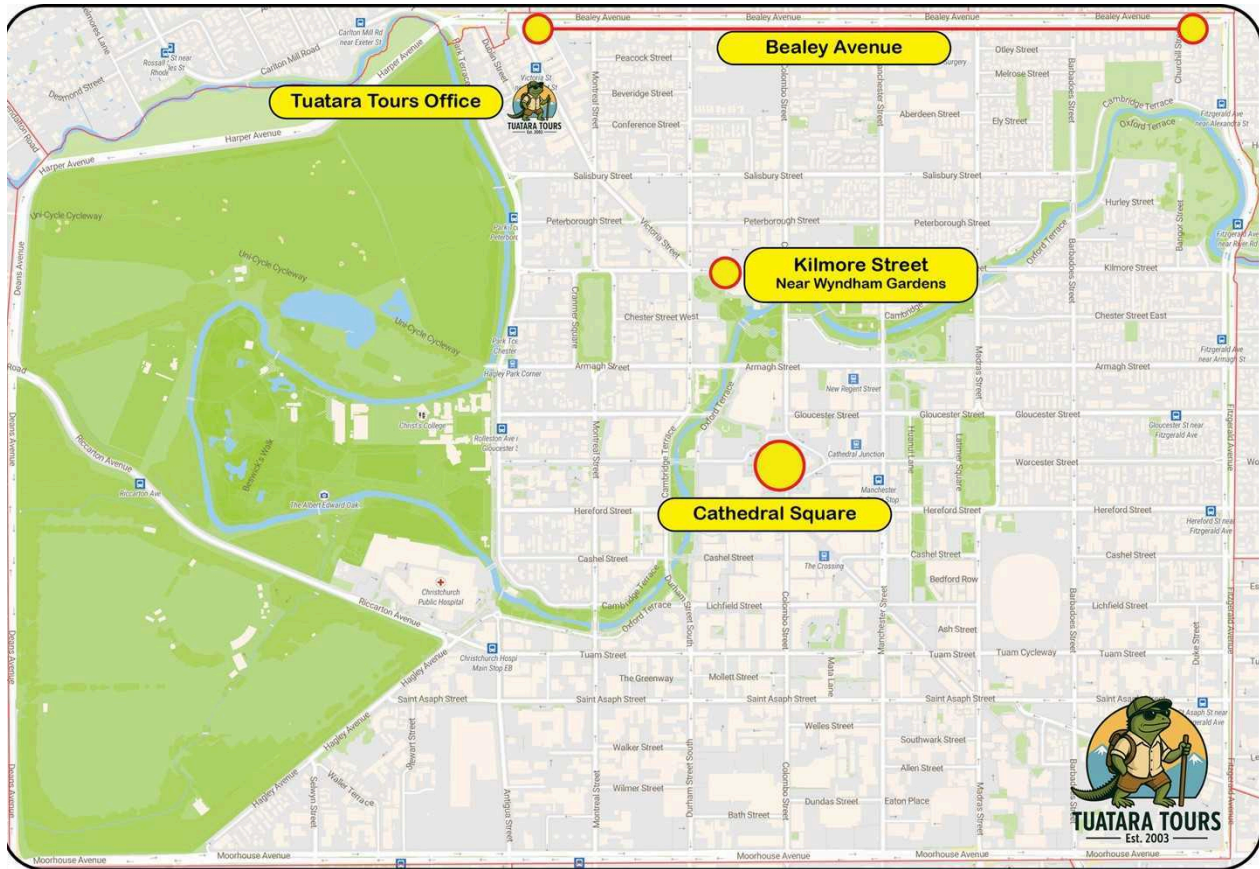


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4 days 3 nights Mild Grade

Pickup Points

Please contact us to confirm the nearest pick-up location to your accommodation. Unfortunately, we are unable to collect guests from Airbnb properties, private residences or locations outside the CBD/ Four Avenues.



Central City
Cathedral Square, outside
Novotel



Bealey Avenue
Local motels



Kilmore Street
Wyndham Gardens vicinity



Tuatara Tours Office
122 Victoria Street

Tuatara Conservation

We're proud supporters of tuatara conservation. We've adopted "BP"—a juvenile tuatara at Orana Park in Christchurch, helping ensure the future of this amazing native species.



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Our Hire Bikes

All hire bikes are supplied with carrier bag, memory foam comfort seat and helmet

Hybrid F18 Cruise Elite Special
\$110 per day



Our most popular E bike.
 The perfect cross over between comfort cruiser and trail bike



10-speed gearing &
 29" wheels



Hybrid M18 Sport Elite Special
\$110 per day

Same performance and specifications as the F18, with a more mountain bike-style handlebar and top bar



Hybrid M24 Adventure
\$165 per day

The ultimate full suspension E bike for unparalleled comfort, with carbon fibre frame and dropper seat



Powerful
 20Ah/720Wh battery



The Merida eOne-Sixty 8000
Electric Mountain Bike
\$185 per day

Perfectly tuned Mountain bike geometry with E bike travel, the Merida 8000 is a comfortable alternative to a standard mountain bike.

LIMITED NUMBERS AVAILABLE



Manual (non-e) bikes
\$57 per day



11-speed gearing &
 29" wheels .



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TERMS & CONDITIONS

Tuatara Tours NZ Limited accepts bookings subject to the following terms:

Contract

This contract is between Tuatara Tours and you, the client—defined as any person travelling or intending to travel on a tour operated by Tuatara Tours. The contract, including all matters arising from it, is governed by New Zealand law and subject to the exclusive jurisdiction of the New Zealand courts. Only employees or directors of Tuatara Tours have the authority to vary or omit any of the terms stated herein.

Cancellation Policy Due to Travel Restrictions

If your trip is impacted by travel restrictions imposed by the New Zealand government or any other government, Tuatara Tours will either work with you to transfer your trip to a future date at no additional cost, or provide a full refund.

Price

All prices are quoted in New Zealand dollars and include 15% GST. Prices are based on rates current at the time of publishing. Tuatara Tours reserves the right to modify prices without notice if deemed necessary or appropriate.

Accommodation on organised tours is based on twin or double share. Solo travellers will be paired with another traveller of the same sex. A single supplement is available upon request.

Confirmation of Booking

Bookings are confirmed upon receipt of the full tour price, which is due 90 days prior to the start of the tour. Tuatara Tours and its agents reserve the right to decline any booking at their discretion.

Cancellation

If a client cancels a tour, the following charges apply (unless otherwise stated):

- 91+ days prior to departure – no fee
- 90–60 days prior to departure – NZD \$300.00 per person
- 59–30 days prior to departure – 30% of the total package cost
- 29–0 days prior to departure – 100% of the total package cost
- After tour commencement – no refund available

These cancellation fees are non-negotiable. We strongly recommend purchasing travel insurance.

Travel Insurance

Tuatara Tours strongly recommends that clients take out travel insurance, including tour cancellation cover and any other relevant insurances. It is the client's responsibility to ensure adequate coverage. Tuatara Tours cannot be held liable for any failure to obtain appropriate insurance.

Medical Conditions

You must inform us at the time of booking of any medical condition, history, or medication you are currently taking.

Changes to Tours

Tuatara Tours will make every effort to operate all tours as advertised. However, reasonable changes to the itinerary may be made if deemed necessary or advisable. Clients will be informed of any changes as soon as reasonably possible. Where a tour service must be substituted, a service of similar quality and standard will be provided.

Weather

Adverse weather may prevent planned activities from proceeding as scheduled. The tour guide may decide to alter the itinerary based on weather conditions, prioritising group safety. Tuatara Tours and its contracted suppliers are not responsible for changes resulting from weather-related circumstances.



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General conditions

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RISK DISCLOSURE STATEMENT

In any adventure activity, there is an element of risk involved. Risks in undertaking this activity include (but are not limited to): hypothermia, heat exhaustion, physical injury caused by environment i.e. rock falls, and physical injury caused by self, i.e. falling over.

The staff and management of Tuatara Tours and any of its agency partners take all practicable steps to identify and minimise potential dangers. The Operator makes all arrangements for all tours on the condition that it shall not be liable for any sickness, injury, damage, loss, accident, delay or irregularity which may be occasioned, either directly or indirectly, by reason of any defect in any vehicle, vessel or aircraft, by weather, by any other cause, or through acts of default of a company or person engaged in conveying the passengers, or in carrying out arrangements for these activities.

We strongly recommend that you purchase travel insurance prior to your trip.

By participating in this activity, you are expressly assuming those risks and responsibilities and are, to the maximum extent permitted by law releasing the Operator, its officers, employees, directors, agents and any other person associated with us, from any liability, claims, loss, damages or expenses (whatsoever and irrespective of whether direct, indirect or consequential) caused by any event including but not limited to: personal injury or death; property loss or damage; acts which may be construed as negligible or accidental; any other loss, damage, suffering, emotional or nervous disorder suffered by you or any other person in relation to this activity. You accept that you have been advised to obtain adequate travel insurance for all persons named on the booking.

In participating in the activity, the customer agrees to be bound by the following conditions:

- My successors, executors and administrators are bound by the Terms and Conditions;
- I agree not to commence any litigation proceedings in any country in relation to the risks and liabilities set out above and to indemnify the Operator against any claims;
- I confirm and warrant I am physically fit and suffer no medical conditions, which may affect my ability to participate in the activity;
- I confirm I am aware that professional medical assistance may be difficult and/or take some time to access due to the remote areas in which we are travelling;
- I consent to receive medical treatment in the case of injury, accident or illness during the activity and to indemnify the Operator against any claims, costs or expenses in respect of the treatment;
- I agree that any film, sound, video or other recordings taken of or during the activity will not be used in any production, or advertising without prior consent of the Operator, however the Operator may use such recordings itself at its complete discretion without any prior approval; and
- I agree to listen to my driver/guide/host, follow their instructions and make sure any children in my care do the same. Furthermore, the Operator will not be responsible for any personal injury and or property damage caused by you and any costs for such injury / damage will be your responsibility.



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Custom Tours Available

Want to change the itinerary or create something entirely new? We enjoy designing custom adventures for friends, families, work groups and clubs. Get in touch!

Keen to join a tour? Enquire now



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Australia free dial 1800 044 633

World +64 3 962 3280



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Web: www.tuataratours.co.nz

You might also like...

The Ladies only Otago Rail Trail

The Best of the West Cycle Trail



Official Partner

Tuatarata Tours is proud to be in an official partnership with Ngā Haerenga The New Zealand Cycle Trail.

The objective of the partnership is to create a nationwide network of cycle trails that connect the Great Rides with the rest of New Zealand.



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